

HAM SHORTCAKE

<u>100 Portions</u>	<u>Ingredients</u>	<u>Portions</u>	<u>Cost</u>
2 ¼ pounds	Table fat		
1 pound 2 ounces	Flour		
1 to 2 tablespoons	Salt		
2 ¼ gallons	Milk, hot		
1 pint	Parsley, chopped coarse		
10 pounds	Ham, cooked, diced		
18	Eggs, hard-cooked, sliced (card No. C-7)		

Portion: ½ cup

Total cost _____

Cost per portion _____

1. Melt the fat, add flour and salt, and blend. Cook 3 minutes.
2. Add to milk. Cook, stirring constantly until thickened.
3. Add parsley, ham, and eggs. Mix and heat thoroughly.
4. Serve on split corn bread, either fresh or toasted.

U.S. BUREAU OF HUMAN NUTRITION AND HOME ECONOMICS

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