

[FRONT]

IN FREEDOM'S NAME

Use corn, oats, potatoes, barley, rye. Eat poultry, fish, eggs, game, beans. Eat honey, syrup, jam, molasses. Eat vegetable fats- margarine, corn oil, cotton oil, peanut butter, and the like.

And so give *your* wheat, meat,  
sugar and butter to

OUR BOYS and the ALLIES

[BACK]

GO BACK to the simple life, be contented with simple food, simple pleasures, simple clothes. Work hard, pray hard, play hard. Work, eat, recreate, sleep. Do it all courageously. We have a victory to win.

*-Hoover.*